

### Breakfast Menu

### Lunch Menu

Breakfast Menu					Lunch Menu				
MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIERCOLES	THURSDAY JUEVES	FRIDAY VIERNES	MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIERCOLES	THURSDAY JUEVES	FRIDAY VIERNES
1 Orange Juice Boiled Eggs (2) Oatmeal w/ Cinnamon Wheat Bread Peaches	2 Pineapple Juice Low Salt Ham Omelet Farina Dinner Roll Oranges	3 Apple Juice Smoked Turkey Sausages(2) Corn Meal White Bread	4 Orange Juice Cream cheese Slice of Ham Grits Bagel Jelly	5 Grape Juice Bacon (2) Corn Flakes Whole Wheat Pancakes Syrup	1 Chicken Soup Baked Ziti/Meat Lettuce/Tomato Salad Garlic Italian Bread Sliced Peaches	2 Pineapple Juice BBQ Ribs Yellow Rice Baby Carrots Wheat Bread Apple Sauce	3 Grape Juice Sancocho Mixed Vegetables Dinner Roll Banana	4 Apple Juice Breaded Chicken Season Noodles Peas & Carrots White Bread Fresh Apple	5 Orange Juice Pork Chops White Rice Pink Beans Rye Bread Fresh Orange
8 Grape Juice Spanish Omelet Farina Soft Roll	9 Orange Juice Mangu w/Sausage and Cheese Rice Crispy Wheat Bread	10 Apple Juice Sausage Patties Oatmeal w/Cinnamon Pancakes Syrup	11 Pineapple Juice Low Sodium Spam Cream of Wheat Home Fries Pear Slice	12 Apple Juice Fried Egg (1) Low Sodium Ham Grits English Muffin	8 Orange Juice Meat Lasagna Mixed Vegetables Garlic Bread Vanilla Pudding	9 Apple Juice Turkey Wings Cranberry Sauce Sweet Potatoes String Beans Rye Bread Fresh Orange	10 Pineapple Juice Baked Fish w/Lemon Yellow Rice w/ Peppers Spinach and Onions Dinner Roll	11 Grape Juice Italian sausage w/Onions, Green, Red Peppers Baked F/Fries Lettuce/Tomatoes	12 Orange Juice BBQ Chicken yams Mixed Vegetables Dinner Roll Apple Sauce
15 <b>President's Day!!</b>  <b>Center Closed</b>	16 Orange Juice Low Sodium Sardines Grits Rye Bread	17 Grape Juice Canadian Bacon Raisin Bran Whole Wheat Pancakes Syrup	18 Apple Juice Western Omelet Wheat Flakes Hash Brown Fresh Orange	19 Pineapple Juice Whole Wheat Grilled Cheese Cream of Wheat Dinner Roll Apple Slices	15 <b>President's Day!!</b>  <b>Center Closed</b>	16 Grape Juice Beef Liver w/ Onions Mash Potato Slice of Carrots Tossed Salad Sliced of Peaches	17 Apple Juice Beef Stew Yellow Rice Stew Beans Spinach Dinner Roll Vanilla/Chocolate Pudding	18 Pineapple Juice Chicken Teriyaki Lo- Mein Kale White Bread Fresh Apple	19 Vegetable Soup Stuffed Shells w/ Meat and Tomato Sauce Lettuce & Tomato Broccoli spears Italian Bread Slice Pineapple
22 Grape Juice Boiled Eggs (2) Cream of Wheat Breakfast Roll Pears Halves	23 Pineapple Juice Mangu/Sausage and Cheese Rice Crispy Wheat Bread	24 Orange Juice Low Salt Spam Oatmeal/Raisin White Bread Apple Sauce	25 Orange Juice Cheese Omelet Corn Meal English Muffin Jelly	26 Pineapple Juice Sausage Patties Farina Home Fries Yogurt	22 Pineapple Juice Baked Chicken Leg Penne Pasta w/ Vodka Sauce Lettuce/Tomato White Bread	23 Grape Juice Salisbury Steak w/ Peppers and Onions Yellow Rice Cut Green Beans Wheat Bread Fresh Apple	24 Blended Juice Turkey/Cheese Potato Salad Cucumbers & Tomato Salad White Bread	25 Orange Juice Cube Steak Rice with Glandules Peas & Baby Carrots Rye Bread Apricots	26 Apple Juice Chicken & Rice Stew Beans Broccoli Dinner Roll Mixed Fruit Cup
	Enjoy your Meal!		Buén Provecho!				Buén Provecho!		Enjoy your Meal!

Please note that milk (whole/1%) and margarine is served with every meal.

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