


























## February 2010 Activity Calendar/Calendario de Actividades Febrero 2010

MONDAY   LUNES	TUESDAY   MARTES	WEDNESDAY   MIERCOLES	THURSDAY   JUEVES	FRIDAY   VIERNES
<p>1</p> <p>Movie with Discussion 11- 12 pm  Dominoes 1:00 pm </p>	<p>2</p> <p style="color: red;">Heart to Heart Home Care 11 am - 12 pm</p> <p>Bingo 1:00 pm </p>	<p>3</p> <p>Exercise 11:00 - 12:00 pm  Dominoes 1:00 mo </p>	<p>4</p> <p style="color: red;">Abby Allen Yoga 11 - 12 pm  Bingo 1:00 – 2:30 pm </p>	<p>5</p> <p>Fan Food Recertification At Times Plaza Senior Center 9:00 am - 12:00 pm Movie With Discussion 11:00 am - 12 :00 pm Dominoes 1:00 - 2:00 pm </p>
<p>8</p> <p>Movie with Discussion 11:00- 12:00pm Dominoes 1:00 pm </p>	<p>9</p> <p style="color: red;">Nachos Health and Family Network Oqua Therapy 1:00 am - 12:00 pm Bingo 1:30 pm </p>	<p>10</p> <p>Exercise 11:00 - 12:00 pm  Dominoes 1:00 pm </p>	<p>11</p> <p style="color: red;">Abby Allen Yoga 11 - 12 pm  Bingo 1:00 – 2:30 pm </p>	<p>12</p> <p>Movie with Discussion 11:00 - 12:00 pm  Valentine's Birthday Party 1pm </p>
<p>15</p> <p style="color: red;">President's Day Center Closed</p> 	<p>16</p> <p style="color: red;">Nutritionist J. Baptiste</p> <p>Bingo 1:00 pm </p>	<p>17</p> <p>Exercise 11:00 - 12:00 pm  Dominoes 1:00 pm </p>	<p>18</p> <p style="color: red;">Yoga by Abby Allen 11:00 – 12:00 pm  Bingo 1:00 – 2:30 pm </p>	<p>19</p> <p>Senior Cinema (Young Frankstien) 9:30 - 11:00 pm  Dominoes 1:00 - 2:00 pm </p>
<p>22</p> <p>Movie with Discussion 11 - 12 pm  Dominoes 1:00 pm  Fan Food Distribution 1:00 pm</p>	<p>23</p> <p>Arts &amp; Crafts 11:00 - 12:00 pm  Bingo 1:00 - 2:30 pm  Fan Food Distribution 1 - 2 pm</p>	<p>24</p> <p>Exercise 11:00 - 12:00 pm Dominoes 1:00 - 2:00 pm </p>	<p>25</p> <p style="color: red;">Yoga Abby Allen 11:00 - 12 :00  Bingo 1:00 - 2:30 pm </p>	<p>26</p> <p style="color: red;">Black History Celebration 11:00 am - 12:00 pm  <i>Wells-Barnett</i></p>
		<p style="color: magenta;">Reminder Fan Food Will be distributed two days only!</p> 	<p style="color: red;">February Monthly Observance Low Vision Awareness American Hart Month Health Care Consumer Mouth Wear Red Day</p>	